

**Unit 1: (Four Weeks)**

**A. Growth, Development and Sexuality**

1. Understanding the life cycle; puberty revisited
2. Genetics: single vs multiple births
3. Miracle of Life/Birth
4. Baby Think It Over Project
5. Male and Female Reproductive Systems
6. Abstinence vs Options (includes sexually transmitted disease information)

**B. Relationships**

1. Healthy Relationships - family, friends, partners, dating, commitment
2. Unhealthy Relationships - power and control, dating abuse

**Unit 2: (Two Weeks)**

**A. Alcohol Use and Abuse in Society**

1. Alcohol facts and harm to the body
2. Teen Drinking Behavior - Binge Drinking
3. Fatal Vision Goggle Activity
4. Alcohol and the Law

**B. Grade 8 Health Project (to be determined by each class)**