

Wells Jr. High School

Lunch Menu

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Alternate Choice:</u> Chicken Caesar Wrap Deli Sandwiches PB&J or PB&F</p>			<p>Choice of milk available daily: 1% white, fat free white, chocolate & strawberry</p>	<p><u>Lunch Prices</u> \$2.75 Elementary K-8 \$3.00 Grades 9-12 \$.40 Reduced K-12 \$4.80 Adult Lunch</p>	<p>Mozzarella Twisted Breadsticks w/Dipping Sauce Garden Salad Cucumber Slices Orange Wedges, Milk Choices</p>
<p><u>Alternate Choice:</u> (Buffalo or Plain) Chicken Wrap Deli Sandwiches PB&J or PB&F</p>	<p>Hot Turkey & Cheese on Croissant States & Capitals Graham Crackers Carrot & Celery Sticks Cucumbers Slices Orange Wedges JELL-O, Milk</p>	<p>Penne w/ Meatballs Garden Salad Steamed Green Beans Red & Green Pepper Strips Fresh Banana Cold Milk Choices</p>	<p>Popcorn Chicken Mashed Potatoes & Gravy Garden Salad Steamed Corn Sliced Apples Cold Milk Choices</p>	<p>Cheeseburger Sub Potato Smiles Vegetarian Beans Steamed Carrots Fresh Fruit, Milk Choices</p>	<p>Stuffed Crust Pizza Garden Salad Steamed Broccoli Carrots & Celery Chilled Pineapple, Milk Choices</p>
<p><u>Alternate Choice:</u> Bacon Cheeseburger Deli Sandwiches PB&J or PB&F</p>	<p>Orange Chicken w/Brown Rice Stir Fry Vegetables Hot Broccoli Pineapple Tidbits Cold Milk Choices</p>	<p>Ziti w/Meat Sauce Garden Salad Hot Peas Mixed Fruit Cold Milk Choices</p>	<p>Roasted Pork Dinner w/Stuffing Mashed Potatoes w/Gravy Steamed Carrots Chilled Cranberry Sauce Chilled Juices, Milk</p>	<p>Chicken Patty w/Whole Wheat Roll Potato Puffs Green & Red Peppers Strips Pineapple Tidbits Graham Crackers Cold Milk Choices</p>	<p>Pizza Max Sticks w/Dipping Sauce Vegetarian Beans Steamed Green Beans Garden Salad Mandarin Oranges, Milk</p>
<p><u>Alternate Choice:</u> Hot Dog on Roll Deli Sandwiches PB&J or PB&F</p>	<p>Stuffed Shells Garden Salad Hot Broccoli Mixed Fruit Cold Milk Choices</p>	<p>Taco Haystacks Crisp W/G Tortilla Chips w/Seasoned Taco Filling Lettuce, Tomatoes, Cheese Salsa, Black Beans, Corn Chilled Peaches, Milk</p>	<p>Crispy Chicken Nuggets Fluffy Mashed Potatoes & Gravy Hot Steamed Green Beans Wheat Roll Sliced Strawberries & Bananas Cold Milk Choices</p>	<p>Turkey or Ham & Cheese on Goldfish Bread Bag of Chips Carrots & Celery Sticks Fresh Fruit, Dried Cranberries Cold Milk Choices</p>	<p>No School</p>
<p>Holiday Recess Dec 22nd - 29th</p> <p>This Institution is an equal opportunity provider</p>					
		<p>Fresh Fruit Bowl Offered Daily</p>	<p>MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY</p>		