

JUMP ROPE FOR HEART ~ JUMP ROPE FOR HEART ~ JUMP ROPE FOR HEART

Dear Parents / Guardians,

On Friday May 17, 2019 WJHS will be holding its annual Jump Rope for Heart from 1:00 – 1:55. The Jump Rope for Heart will be held in the gym and all students will be jumping, however, it is your choice if your child fund raises.

This event offers many benefits. The money our school raises will help fund potentially lifesaving research into heart and blood vessel disease and stroke, which is our nations number one leading killer. It will also fund the development of educational materials that teach the importance of heart health and staying fit. Our school also earns gift certificates for physical education and recess equipment.

You are able to fundraise online or in person. Email family and friends and invite them to make donations to help you reach your fundraising goal. Information for online fundraising can be found on the collection envelope or you can use your collection envelope to ask family and friends for donations.

Jump Rope for Heart will benefit you as well! Besides being fun, it teaches you jump rope skills and the importance of physical activity and community service. Depending on the amount of contributions collected you will be eligible for a variety of thank you gifts.

Collection envelopes will be distributed early next week. Extra collection envelopes can be picked up from the main office or outside the gym.

All money needs to be collected and turned in **before** or **on the day of the event**. If you have any questions please contact me at 646-5142 X-3372. I look forward to your participation in this very important event.

Sincerely,
Renee Savage
WJHS Phys. Ed.