

WELLS JUNIOR HIGH FALL ATHLETICS 2018

**Welcome back! The fall interscholastic sports season is here!
If you are in grades 6th, 7th or 8th and interested in participating in
Soccer, Cross Country or Field Hockey this fall please note the
following information:**

BOYS AND GIRLS SOCCER:

The first meeting/tryout will be Monday, September 10th. Athletes should meet on the field. Boys Tryouts will be from 2:30 - 4:30. Girls Tryouts for 7th grade will be from 5 - 6:30 and 8th grade girls will be from 4:00 - 6:00. There will be a 7th grade and an 8th grade team this year for both boys and girls. 6th graders will be allowed to tryout and make the 7th grade team if there are roster spots available. 6th graders should plan on going to the first meeting/tryout if interested.

CROSS COUNTRY:

The first meeting/practice will be on Friday, September 7th from 2:15 - 3:15. Runners are to meet in the technology room right after school. (Bring running sneakers, clothes and a water bottle)

FIELD HOCKEY:

Tryouts will start on Monday, September 10th from 2:15 - 3:45. Interested athletes should meet outside by the basketball courts right after school.

PLEASE “signup” for the sport you would like to play on the bulletin board down by the gym.

You must have a valid “physical” on file with the school nurse in order to participate. If you had a “physical” over the summer here at the school you are automatically on the list. If you had a “physical” from your family doctor you need to turn in a copy of the physical to the school nurse to be added to the list. “Physicals” are good for one year from the date of the physical.

